

Note: It is recommended that this Data Set have two additional key variables:  
 - SITE (to distinguish the location where the data are recorded) and  
 - SUBJECT (to distinguish the patient/study participant)

**INTERNATIONAL SPINAL CORD INJURY ENDOCRINOLOGY AND METABOLISM  
 FUNCTION BASIC DATA SET - FORM (Version 2.0)**

**Date performed:** YYYY/MM/DD  ENDMETDT  Unknown  TABLES 1, 2 and 3

**Endocrine & metabolic conditions diagnosed before spinal cord lesion**  TABLE 1  
**(collected once):**  
 None  Unknown (any endocrine disorder)  
 Diabetes mellitus  Type 1  Type 2  Unknown  
 Lipid values, if available, provide the most recent values prior to injury:  LIPDHXDT  
 Date YYYY/MM/DD  Unknown  
 Total cholesterol (TC) \_\_\_\_\_ mg/dL Triglycerides (TG) \_\_\_\_\_ mg/dL  
 HDL cholesterol \_\_\_\_\_ mg/dL LDL cholesterol \_\_\_\_\_ mg/dL  
 (TC, HDL or LDL cholesterol: mmol/L x 39 = mg/dL; TG: mmol/L x 89 = mg/dL)  
 Lipid disorder Specify diagnosis: \_\_\_\_\_  Unknown  
 Osteoporosis Method:  DXA  Other (e.g. CT, radiograph)  Unknown  
 Thyroid disease Specify diagnosis: \_\_\_\_\_  Unknown  
 Other, specify \_\_\_\_\_

**Endocrine & metabolic conditions diagnosed after the spinal cord lesion**  TABLE 2  
**within the last year:**  
 None  Unknown (any endocrine disorder)  
 Diabetes mellitus  Type 1  Type 2  Unknown  
 Lipid disorder Specify diagnosis: \_\_\_\_\_  Unknown  
 Osteoporosis Method:  DXA  Other (e.g. CT, radiograph)  Unknown  
 Thyroid disease Specify diagnosis: \_\_\_\_\_  Unknown  
 Adrenal disease Specify diagnosis: \_\_\_\_\_  Unknown  
 Gonadal disease Specify diagnosis: \_\_\_\_\_  Unknown  
 Pituitary disease Specify diagnosis: \_\_\_\_\_  Unknown  
 Other, specify \_\_\_\_\_

**Gonadal status (check appropriate stage):** MGONADST TABLE 3

Male:  Prepubertal  Pubertal  Adult  Unknown

Female:  Prepubertal  Pubertal  Adult  Adult Menopausal  Unknown

Adult Postmenopausal FGONADST  Unknown

**Height (or length) and Weight:**

Height (or length) HEIGHT \_\_\_\_\_ m      Weight WEIGHT \_\_\_\_\_ kg  Unknown

**Fasting serum lipid profile within the last year:**

During anti-lipid therapy:  Yes  No ANTILIPD TRIGLYCR  Unknown

Total cholesterol (TC) TOTLCHOL \_\_\_\_\_ mg/dL      Triglycerides (TG) \_\_\_\_\_ mg/dL

HDL cholesterol HDLCHOL \_\_\_\_\_ mg/dL      LDL cholesterol LDLCHOL \_\_\_\_\_ mg/dL

(TC, HDL or LDL cholesterol: mmol/L x 39 = mg/dL; TG: mmol/L x 89 = mg/dL)

**How often do you have a drink containing alcohol?**

Never       Monthly or less       2-4 times a month       2-3 times a week

4 or more times a week       Unknown ALCOHFRQ

**How often do you have six or more drinks on one occasion?**

Never       Less than monthly       Monthly       Weekly       Daily or almost daily

Unknown ALC6+1OC